

## Back-to-School Month

August is back-to-school month and the community has many opportunities for connections to get ready for the new school year! Start the new year off strong with steady routines and sleep patterns for an easier transition into the year. Attend local food drives and back to school events for reduced stress on school supplies and nutritious meals.

### Celebrate end of summer

Friends of Wissahickon Free Ice Cream Social

Celebrate the end of summer this year with free ice cream at the Houston Playground! Wednesday, August 20<sup>th</sup> from 3pm to 5pm, the Friends of Wissahickon will be offering free ice cream for the family, as well as educational games, activities, and music. Register here!

# Sensory Friendly Events

Philadelphia Museum of Art Sensory-Friendly Morning Learn more here

**Wynnefield Library Sensory Story Time Craft** August 27th at 10:30 am

YMCA Sensory-Friendly Family Swim Fridays in August at 4 pm

## School Ready

**Back-to-School Community Day** Motivated Community Resource Center hosting a back-to-school

supplies giveaway. Learn more

**Back-to-School Carnival** 

St. Christopher Childrens hospital hosting for free backpacks and school supplies with additional community resources. Learn more <u>here</u>

#### **Ready Set School**

Please touch museum hosting school readiness campaign to learn more about healthy habits for school with free admission. Register here

#### Food Pantries

Philabundance Community Food Center *find one near you* 

Share Food Program Warehouse weekly food distribution centers find one near you

Salvation Army Kroc Center back-to-school backpack giveaway Friday August 15th 6-8pm. Register here

Follow us on social media for more events & resources!



