



FEBRUARY NEWSLETTER

Spotlight on Awareness

Black History Month

Throughout this month we take time for recognition and celebration of history made by black Americans

American Heart Month

Focused on cardiovascular disease prevention with promoting healthier lifestyle habits and educating the community on symptoms and learning CPR for safety

Children's Dental Health Month

ADA sponsors this month to promote good oral hygiene and prevention of tooth decay

Kids Valentines

Valentines Day Cookie Decorating

February 13th 5pm

[Learn more here](#)

Love & Chocolate

February 8th 11am

[Learn more here](#)

Valentines Yoga for Kids

February 16th 10:30am

[Learn more here](#)



Sensory Events

Philadelphia Flower Show

[Learn more here](#)

Universal Theme Parks Exhibition

[Learn more here](#)

Academy of Natural Sciences at Drexel

[Learn more here](#)

Please Touch Museum

[Learn more here](#)



Local Events

Firstival

Saturdays 11am-1pm

Learn about the "firsts" of the U.S. originating in Philly including movements against slavery, first African American Methodist Episcopal Congregation, and more.

[Learn more here](#)

Glimpse of Goldfish

February 6-8

Introduce the idea of swim lessons to children with a free 30 min small group

[Learn more here](#)

PA Trolley Free Kid February

Multiple dates

Bring the kids for a free 4 mile ride throughout the month with education on trolleys and interactive games

[Learn more here](#)

Kids Craft Workshop

February 25th

A kids craft night for creativity and learning how to craft and create amazing things

[Learn more here](#)



Follow us on social media for more events & resources!

Village Care Family Services Inc.  @villagecareearlyintervention